

**POWERED BY SENATOR DORA DRAKE** 



## **Essential Supplies To Start**

□ Water (1 gallon per person per day for at least 3 days)
□ Non-perishable food (3-day supply)
□ Solar hand-crank radio
□ Flashlight
□ First aid kit
□ Extra batteries
□ Whistle to signal for help
□ Dust mask to help filter contaminated air
□ Plastic sheeting and duct tape to shelter-in-place
$\hfill\square$ Moist towelettes, garbage bags and plastic ties for personal sanitation
□ Wrench or pliers
□ Manual can opener for food
□ Local maps
□ Cell phone with chargers and a backup battery
□ Faraday bag for electronics
Medical & Healthcare Supplies
□ Prescription medications (at least a 7-day supply)
□ Over-the-counter pain relievers (e.g., ibuprofen, acetaminophen)
□ Anti-diarrheal medication
□ Antacids

□ Medical supplies (bandages, antiseptic wipes, gauze, etc.)
□ Personal hygiene items
□ Face masks
□ Hand sanitizer
Tools for Self-Sufficiency
□ Multi-tool
□ Work gloves
□ Protective eyewear
□ Duct tape
□ Heavy-duty trash bags
□ Matches in a waterproof container
□ Fire extinguisher
□ Tent
□ Sleeping bags or warm blankets
Vital Information Safeguarding
□ Copies of important documents (identification, insurance policies, medical records)
□ Backup electronic files on a portable drive or cloud storage
□ Emergency contact list
□ Information on how to receive emergency alerts and warnings
Community Resilience Building
□ Identify local resources and support networks
□ Participate in community emergency preparedness programs
□ Volunteer with local organizations
□ Know your neighbors and their needs
Financial & Legal Readiness
□ Review and update insurance policies

□ Create a financial emergency fund
□ Secure important legal documents (wills, power of attorney)
□ Keep copies of financial records in a safe place

## **Maintaining Preparedness**

- □ Review and update your preparedness plan annually
- □ Check expiration dates on food, water, and medications
- □ Test smoke detectors and carbon monoxide detectors
- □ Practice your emergency plan with household members

## **Next Steps**

This checklist is a starting point. Tailor it to your specific needs and circumstances. Regularly review and update your plan to ensure you are prepared for any emergency.

For more information, visit ReadyWisconsin.WI.gov